

What a face that egg has!

1	<p>Main objectives</p> <ul style="list-style-type: none"> • Understand the differences between natural foods and processed foods • Differentiate between foods of animal and plant origin
2	<p>Vocabulary – Keywords</p> <p>Healthy foods, natural foods, processed foods, proteins, fats, etc.</p>
3	<p>Sustainability skills developed</p> <ul style="list-style-type: none"> • Systems thinking • Critical thinking
4	<p>Sustainability pillars included</p> <ul style="list-style-type: none"> • Ecological
5	<p>STEAM Domains</p> <p>Science, Art</p>
6	<p>Teaching methodologies / scheme of activities</p> <p>Introductory activity (tutor):</p> <p>The tutor explains the different origin of plant and animal foods and describes what an egg is, where it comes from, what they are produced for, what it is made of, why we eat it, etc. Likewise, it details the differences that exist between natural foods and those that are processed, using the egg and all the cooking and processing options it has.</p> <p>In this phase you can help a song and the video found in the resources. As well as images of foods cooked with eggs.</p>



**Activity:**

1. Each child brings an egg and an eggcup to school
2. With the use of different colored markers and very carefully using the eggcup as a support, they paint a face on the egg: smiling, crying, angry...
3. Each child explains to the rest of the group what face he has painted and why, what story he imagines around the egg as a character.



7 Expected learning outcomes

The child will be able to

- Explain the differences between natural and processed foods
- Classify foods according to their plant or animal origin
- Understand what an egg is, who lays it and for what

8 Evaluation

Initial: ask children questions to find out what their previous knowledge of the subject is.

Formative: observe with a table or rubric.

Final: evaluate individual exercise or task





9	<p>Equipment and materials to be used in the learning unit (tools, ingredients, etc.)</p> <p>Eggs, egg markers, eggcups</p>
10	<p>Type of environment: laboratory, kitchen, exterior, etc.</p> <p>Indoor or Outdoor</p>
11	<p>References – source:</p> <p>Video-song: https://www.youtube.com/watch?v=oTT0JBde7CA</p>

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